

For Immediate Release-

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Equine Nutritionist, Amy Gill, Feeds Shop Talk Attendees the Scoop

Wellington, FL- The Sho Clothes' Sho Room guest speaker for the September Shop Talk was Equine Nutritionist, Amy M. Gill, Ph.D. from Lexington, Kentucky. Gill is a graduate of the University of Maryland and received her masters from the University of Kentucky. Gill addressed the complex topic of equine supplements and the attendees "ate up" her vast knowledge on the subject.

Gill opened her Shop Talk session with equine industry statistics. Gill noted that billions of dollars are being spent on supplements for horses. "Supplements do not cover mistakes," Gill told her audience. "Pick a product that is designed for the problem, if there is a problem."

Breaking down equine nutrition, a subject that can be confusing for many horse owners, Gill stressed identifying what you want to accomplish before deciding on supplements. Most high quality feeds from time-tested laboratories have a balance of proper nutrients. Gill explained that horse owners could cause problems by over supplementation. "Horse owners can undo the benefit that top feed companies put into their product by over supplementing," warned Gill.

"If you do feel something is wrong with your horse, dullness of eyes, a lackluster coat, listless behavior, dysfunctional attitude," she offered, "Do the diagnostics. Simply eliminating starch and sugars from some diets can solve some behavioral issues. Look at your horse first and then make decisions."

The audience had many questions for Gill concluding her talk. Gill answered questions and then scheduled farm calls for the next day to analyze the feeding programs of individual owners.

The Sho Clothes Shop Talk forums have become a magnet for horse owners, riders and trainers. Hosted monthly by Sho Clothes and the Gold Coast Dressage Association, Shop Talk audiences have enjoyed an informal setting to learn from the industry's top professionals. Grand Prix Shavings & Feed, Inc. co-sponsored Amy Gill at this month's highly informative Shop Talk session.

Betsy Rebar Sell and Michele Hundt, co-owners of Sho Clothes have scheduled trainer, Allyn Schiavone, for the October 14th Shop Talk. They had to get plans laid early, as they will be taking the Sho Clothes mobile boutique north to Dressage at Devon later this month. Schiavone's talk will be titled "Balanced Rider/Balanced Horse." The seminar runs from 6:30 until 8 p.m. Shop Talk is free and the public is welcome. Sho Clothes Sho Room is located at 3220 Fairlane Farms Road in Wellington. For more information visit: www.shoclothes.com.



Photo: Amy Gill, Equine Nutritionist, Grand Prix Shavings & Feed's owner, Frank Shulman and Sho Clothes Co-Owner, Michele Hundt join in the spirit of the new season. (JR Photo)